



Putting



- a. Athlete uses a putter.
- b. Putter is placed in the palms with the palms facing each other; thumbs are placed on top of the shaft.
- c. Stance is taken with feet close together.
- d. Eyes are over target line.
- e. The putter is swung on a path toward the target.

Putting Faults and Fixes

Error	Correction	Drill/Test Reference
Ball consistently rolls to the right or to the left as it slows down	Check alignment, club path	Railroad Track Drill
Ball consistently rolls through the break and beyond the hole	Check swing pace; athlete may be putting the ball too hard and allowing wrists to overtake “one-piece” motion of shoulders, arms, hands and putter.	Take three balls. Putt the first ball just outside your peripheral vision. Without looking at the first ball, putt the next two balls, trying to land the balls in a cluster or hitting the first ball. Focus on repeating the same motion of the stroke back and through. Change distances and repeat.
Balls consistently comes up short	Assure back swing and forward swings are equal.	Elephant Trunk Drill and practice same references above.
On breaking putts, ball always misses below or beyond the hole	Watch your aim and putting line. Assure your eyes are over ball and keep them there until ball to clubface contact is made	Practice reading the green. Find a green with various slopes. Take note of the various degrees of slope and how the slope will affect the curvature of a ball. Roll a few balls underhand toward the hole and note the direction of how the ball might be “breaking” or curving. Next, putt a few balls toward the hole and allow the slope to carry the ball to the hole.